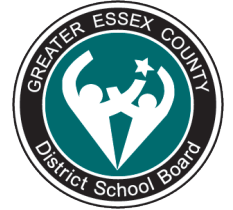


DECEMBER 2021

Bulldog Report



HOME OF THE BULLDOGS

# General brock public school

Winter is here!

As a staff and school community we continue to work hard at keeping each other safe and healthy by regularly practicing additional Board and WECHU Covid-19 safety procedures on a daily basis.

We continue to persevere! Thank you for all of your efforts at home as well.

It has been a very busy month here at General Brock. In addition to front landscaping, our building has been power washed, railings and fencing resurfaced and painted, and our 20 year community sign refurbished!

As we continue to make enhancements outside, we are also updating inside with new mats and school logo in the gym, sports equipment and new uniforms coming soon.

As part of our character education program, we continue to celebrate our Bulldogs weekly with “Bulldog Magic Moments” - students get recognized for a variety of positive character traits and may receive a water bottle if his/her name is drawn. The water bottles support our eco-initiative by reducing waste while creating a reusable option.

Also, student of the month continues to be celebrated with our students and families during our virtual assemblies. We have begun to upload videos to our new YouTube channel—simply search General Brock YouTube Channel, then click subscribe.

We also continue our monthly virtual assemblies for students and families—dates, times and events can be found in EDSBY with our ‘General Announcement Group’.

At Brock, our staff recognize the importance of extracurricular activities and

continue to look for and create opportunities for all of our Bulldogs.

Recently, open gym, chess and Lego clubs have begun during our nutrition breaks. All classes remain cohorted to ensure safety. Extra time is provided to ensure students have a healthy snack from home or from our ‘Grab and Go’ snack program.

Our Tuesday all halal pizza days have also been a huge success with money raised supporting programs and equipment for our students. \$3 for one large slice and \$5 for two. Delicious!

Please send your children to school each morning as close to 8:35 as possible. We also want to thank our parents/guardians for calling in absences in the morning—this really helps with our morning attendance.

With winter upon us, please ensure all clothing for your child(ren) is labelled. Items can easily go missing and we want to ensure everyone is dressed for the weather.

So much to be proud of at General Brock!

Thank you for completing your daily screening @ [www.publicboard.ca](http://www.publicboard.ca)!

‘We care about each other!’

## Important Dates

- Nov 26—Can drive for Downtown Mission begins
- Dec 4—Miracle in Sandwich, Tree Lighting
- Dec 8 —Can drive ends
- Dec 14—Brock Giving Tree for Grade 4’s
- Dec 17—Spirit Day—wear your favourite colour
- Dec 17—Virtual Student of the Month Assembly
- Dec 20-31—Winter Break



FOLLOW US ON TWITTER

@Brockbulldogs



## **BELL TIMES**

**Start time is 8:35 a.m.**

**Student arrival 8:20—8:35 a.m.**

**Students will proceed to their classroom upon arrival.**

**Early Dismissal is 2:40 for KG and siblings**

**End of day dismissal is 2:55 p.m.**

## **INTERNET SAFETY FOR STUDENTS & PARENTS**

As young people embrace the Internet and other mobile communication technologies, bullying has manifested itself in a new and potentially more dangerous way—through cyber bullying. Cyber bullying can generally be defined as sending or posting harmful or malicious messages or images through e-mail, instant messages, cell phones and websites. It is emerging as one of the more challenging issues facing educators, since it has a direct impact on students but often occurs away from school property.

### **Examples of cyber bullying include:**

- ◇ Sending cruel, vicious and sometimes threatening messages.
- ◇ Creating web sites that contain stories, cartoons, pictures and jokes ridiculing others.
- ◇ Posting pictures of classmates online with intent to embarrass them.
- ◇ Breaking into an e-mail account and sending vicious or embarrassing material to others.
- ◇ Engaging in IM (instant messaging) to trick another person into revealing

sensitive or personal information and forwarding that information to others.

- ◇ Taking a picture of a person using a digital phone camera and sending that picture electronically to others without consent.



## **Homework Policy**

Homework can reinforce materials presented in the classroom and provide additional practice and application of skills and/or completion of work not finished during class time. Guidelines for the amount of homework students have:

**Grades 1-3:** Routine homework assignments are not considered appropriate for the early primary grades. However by grade 3 students may be completing 2 or 3 assignments per week, each taking 15 minutes or less.

**Grades 4-6:** Students should be spending 20-30 minutes per day on varying types of homework. Additional time may be required for test preparations.

**Grades 7-8:** Students should be spending 30-60 minutes per day on varying types of homework. Additional times will be necessary for test preparations. Parents, please continue to work as an active partner with your child and the teacher to foster a positive attitude toward homework and to promote student learning.



## **Windsor-Essex County Health Unit**

“The Windsor-Essex County Health Unit provides a number of health services to school children in Windsor and Essex County. Many of these services are provided according to provincial law. If for any reason you do not wish your child to be involved in health education or health services, please inform the school principal in writing as soon as possible.”

- Drinking water is good for you and your teeth! Other drinks (for example, juice) can leave sugars on your teeth, which may cause cavities. Drinks such as pop are high in acid, which can harm your teeth. Water can keep your mouth healthy by “cleaning” food away, and because it’s sugar-free, it won’t leave any sugar behind on your teeth. Drink up!
- Around 1 in 5 children in Ontario have a mental health challenge. You can help your children by teaching them how to handle stress – even when they’re young! Teach them time management, be there to listen to them during tough times, and support them to try new things. For more info on children’s mental health, visit <https://ontario.cmha.ca/documents/child-and-youth-mental-health-signs-and-symptoms/>
- Keep your activity levels up in the winter by trying some new outdoor activities. Have you ever tried skating, tobogganing, skiing, or road hockey? Now’s the time! Just be sure to dress warmly and use the proper equipment for the activity, including the right helmet, so you stay safe. Don’t let the cold weather stop you from being active – get outside and find ways to stay warm!
- If you’re looking for ways to help get your children to eat veggies and fruit, try some of these suggestions: Role model healthy eating by filling half your plate with veggies and fruit at every meal. Experiment with seasonings to make them more flavourful for everyone to enjoy. Keep cut-up veggies and fruit handy in the refrigerator for your children to eat when they get home from school.



Fall is upon us and with it comes the unpredictable nature of weather during this transitional season. Fear not! Regardless of what the weather

brings, our school is prepared to deliver top quality education no matter what our students have to travel through to get here.

#### What to do when busses are cancelled:

- Busses can be cancelled due to fog, freezing rain or snow and can be cancelled for the morning only or both the morning and afternoon.
- The decision to cancel busses is communicated on the website [www.buskids.ca](http://www.buskids.ca) by 6:30 am.

- During days when busses are cancelled and the school is open, students are encouraged to come to school. Ultimately, the decision to send students to school on these days is up to the parents. Those who choose to keep his/her child(ren) home, asynchronous work on EDBSY will be available.
- When students are picked up at the end of the day, parents will need to remain in their vehicles. Parking is very challenging.



#### Inclement Weather

Students benefit in many ways from time spent outdoors. Students are expected to dress appropriately for the weather but will be kept indoors when weather conditions are:



- Rainy, lightning and/or thunder
- Excessive winds
- Low visibility
- Extreme cold

## FOOD ALLERGIES / FRAGRANCE FREE ZONE

We have many students and staff who have life-threatening allergies to **peas, eggs, latex, nuts, tree nuts and peanuts.**

We are also a ‘fragrance free zone’ and do not permit perfume, cologne or other fragrances.

When exposed to these substances, allergic children can become ‘anaphylactic’ meaning that a medical emergency may become imminent. These reactions can be fatal. For some students, these foods/

scents must be ingested to result in a reaction while the allergy is ‘airborne’ which means that the smell alone can result in anaphylaxis.

We deeply appreciate your support in doing your best to avoid sending these food items to school.

Staff are trained annually in how to respond to students with anaphylaxis.





**Teddy Beddy**  
**Celebrating Christmas!**



Once upon a time there was a bear, he was called Teddy Beddy. He was 4 years old when his mom told him, "We sleep all Winter long." "But mom, my friends said that there is a holiday called Christmas and they get a lot of presents and there is an old man called Santa Claus and they said that Santa has Elves that make toys for girls and boys." "Stop that talking about this holiday and get to sleep." Teddy's mom said in a sleepy voice. Teddy did not want to sleep, he decided to not sleep this Winter. Every day he pretended to make himself sleep, but he was not really sleeping, it was fake sleeping. He didn't want to make noise so his parents would wake up, because Teddy knows that he makes a lot of noise. Teddy waited for Santa for one week because his friends did not tell him when it was Christmas. One day Teddy fell asleep for the whole Winter, but all his dreams that he dreamed were all about Christmas and about the presents, Santa Claus, and his Elves, and mostly Teddy dreamed about having fun with his animal friends. Then when the Winter and his sleep was done, he woke up that day and saw a lot of presents and decorations all over inside the igloo. "We celebrate Christmas too," Teddys parents said, "but not on time but we know that someone named Santa Claus left you presents under a tree next to the igloo." "Really?" said Teddy. "Yes," his parents said. His parents actually did not believe in Santa. All the presents except one that Teddy liked, were from his parents. Only one was from Santa, but his parents and Teddy did not know that it was from Santa. Teddy's animal friends told Santa that Teddy sleeps all winter but wants to celebrate Christmas.

**COMIC STRIPS BY 4/5p**





# INUIT INSPIRED ART BY 4/5P

