



Dr. David Suzuki Public School

Suzuki Citizens: respectful, innovative, environmental... "It's in our nature"

Dr. David Suzuki- Bullying Prevention and Intervention Plan

At Dr. David Suzuki Public School, our goal is to promote a safe and inclusive culture. This will be measured with staff, student and parent voice during daily interactions and more formally through a school climate survey that will occur in the spring.

Bullying

Bullying means aggressive and typically repeated behaviour by a pupil where,

- a) the behaviour is intended by the pupil to have the effect of, or the pupil ought to know that the behaviour would be likely to have the effect of,
 - i. causing harm, fear or distress to another individual, including physical, psychological, social or academic harm, harm to the individual's reputation or harm to the individual's property, or
 - ii. creating a negative environment at a school for another individual, and
- b) the behaviour occurs in a context where there is a real or perceived power imbalance between the pupil and the individual based on factors such as size, strength, age, intelligence, peer group power, economic status, social status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability or the receipt of special education;

For the purposes of the definition of "bullying" in subsection (1), behaviour includes the use of any physical, verbal, electronic, written or other means.

Cyber-bullying

For the purposes of the definition, "bullying" in subsection (1) includes bullying by electronic means (commonly known as cyber-bullying), including,

- a) creating a web page or a blog in which the creator assumes the identity of another person;
- b) impersonating another person as the author of content or messages posted on the internet; and
- c) communicating material electronically to more than one individual or posting material on a website that may be accessed by one or more individuals.

2024 School Climate Survey

Below represents the highlights from our 2024 'School Climate Survey'. These results have been used to shape our programs/initiatives at Dr. David Suzuki Public School. We value student input. Of course, at any time, we are available to answer any questions you may have.

Highlights from the 2024 School Climate Survey
The survey offered the following results.

- 87% of students felt welcome.
- 60% reported they are able to calm themselves down when they feel stressed.
- 27% indicate that they spend five hours (or more) on an electronic device on school days.
- 39% of students stated that they exercise for 60 minutes every day.
- 75% reporting having one caring adult at school.
- 80% reported they are able to calm themselves down when they feel stressed.
- 55% stated that they are getting more than 7 hours of sleep.

Daily Programs

Daily, the following programs are utilized. At Dr. David Suzuki, a variety of programs/programming is used to best meet the needs of all our learners

- Zones of Regulation
- Tribes
- Small Groups
- CYW Programming in Classrooms
- Restorative practices
- Socio-Emotional learning kits
- Threat Risk Assessment

Activities That Promote a Culture of Kindness

- Positive messaging on daily announcements/ celebration of diversity
- Monthly School Newsletters
- Student of the Month – themes to support character education
- Spirit Days to promote kindness and inclusion
- Student of the Month/ Month in Review Assemblies
- Snack Program
- Use of our gym/library/CYW Room for extracurricular activities to promote social and mental well-being/importance of physical activity
- Sports Team/ Clubs
- Availability/visibility of our staff is very important to us throughout the school day
- Birthday Announcements
- Join with community partners to provide positive messaging – Teen Health Centre, WECHU, Youth Diversion Program, SWIS

Links

Acts of Kindness Activities

<https://smho-smsso.ca/emhc/healthy-relationship-skills/acts-of-kindness/>

Gratitude Activities

<https://smho-smsso.ca/emhc/positive-motivation-and-perseverance/expressing-gratitude/>

Healthy Relationship Skills

<https://smho-smsso.ca/emhc/healthy-relationship-skills/>