



GECDSB Student Mental Health and Well-Being Action Plan 2024-2025

The Student Mental Health and Well-Being Action Plan

emphasizes the importance of centering the whole student in our work. Students' well-being encompasses their physical, emotional, mental, and spiritual health, all within the context of their identities and intersectionalities.

Student mental health and well-being is a shared responsibility. Families and caregivers are vital in promoting and supporting their students' educational journeys. We aim to engage caregivers in mental health literacy alongside students and staff to foster well-being across our schools.

All staff share the collective responsibility for promoting, preventing, and supporting mental health.

PRIORITIES:



**Identity Affirming
Mental Health Literacy**



**Safe and Mentally
Healthy Schools**



**Early Identification,
Prevention and
Intervention**



**Partnerships and
Strategic Planning**

GOALS:

Enhance the mental health literacy of staff, students, and parents/caregivers.

Strengthen the capacity of administrators and school staff to create and maintain safe, mentally healthy schools and classrooms.

Expand school staff's ability to recognize signs of mental health concerns in students and apply consistent, evidence-informed interventions.

Cultivate robust collaboration with community partners, parents/caregivers, and students by actively engaging them in the development of the 3-year strategic plan.